

October Practice Challenge 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 October Practice Challenge Begins Today!	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 6 pm – October Practice Challenge Get together on Zoom	31 Happy Halloween 🎃				

Practice Flute 31 Days in October!

[boston-flute-lessons.com/
octoberpracticechallenge](https://boston-flute-lessons.com/octoberpracticechallenge)

Keep in mind:

- Learn things slowly and accurately first, then gradually speed things up
- Always use the metronome
- When you practice, you will get better and your playing will be more enjoyable



“The most crucial ingredient by far for success in music is . . . what happens in the practice room.” ~ **William Westney**