

October Practice Challenge 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 Happy Halloween! 🎃					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30 1pm – get together on Zoom

Practice Flute 31 Days in October!

[boston-flute-lessons.com/
octoberpracticechallenge](http://boston-flute-lessons.com/octoberpracticechallenge)

“Be your own artist and always be confident in what you’re doing.” –
Aretha Franklin



“The most crucial ingredient by far for success in music is . . . what happens in the practice room.” ~ **William Westney**